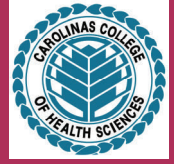


Carolinas College of Health Sciences Newsletter



MARCH 2011

COMPUTER LAB HOURS FOR MARCH

Monday -Thursday

8A - 7:30P

Friday

8A - 4:30P

Saturday

11A - 4P

Mar 7 - Mar 11

8A - 4:30P

**Mar 12
Lab CLOSED**

ATTENTION ALL MAY GRADUATES

The CCHS Alumni Association wants to recognize and salute your accomplishments with a drop-in cake and punch reception in your honor on Wednesday, **Mar. 16**, from 2 - 4:00 in the college's main lobby. Please come and be treated - you deserve it!



May Graduation

Congratulations to all nursing, radiologic technology, and surgical technology students who will be graduating on **May 6, 2011**. As a reminder, the commencement ceremony will begin at 7:00pm and you are expected to arrive by 6:15pm. On the morning of May 6th, there will be an awards breakfast in your honor beginning at

8:30am. Both the ceremony and the breakfast will be at Pritchard Memorial Baptist Church at 1117 South Blvd. Remember, you need to order your cap and gown soon to ensure you have this in time for graduation. Information for ordering this and other graduation supplies can be found at

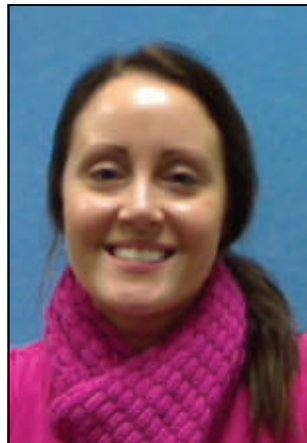
www.herffjones.com/college/carolinascollege.



Dean Blackwell places an award ribbon on nursing graduate.

Student of the Month

The College is pleased to announce that Destini Egan has been selected as our March Student of the Month. Destini is a student in the Surgical Technology program and will graduate in May 2011. She has demonstrated teamwork, commitment, and leadership in numerous student roles. On several occasions, she assisted the surgical technology faculty by providing an overview of the program to high school students.



Destini Egan

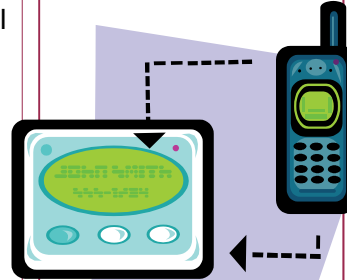
Destini also serves as the vice president of the Student Gov-

ernment Association (SGA) where she is very active in all meetings and projects, and is currently working to recruit and mentor students for a new class of SGA officers. Destini has maintained an excellent academic profile and is consistently praised by preceptors for her clinical performance. Destini has a BA in Psychology from the University of Las Vegas, Nevada. In addition to juggling home and school, Destini works part time as a NA providing home care for an elderly woman. Congratulations Destini!

Emergency Notification Update

We will conduct a test of our emergency response communication system on **Mar. 24** at 3:30pm. At this time a blast voicemail message will be sent to the primary phone of all students, faculty, and staff. This test is conducted twice each academic year to ensure that the emergency response system is functioning properly. Once tested, this system is only

activated in accordance with the College's Emergency Response Plan and at the



discretion of select members of the

campus' Emergency Response Team. For more information regarding the emergency response communication system and other safety information at Carolinas College, please contact Hampton Hopkins in student services.

OPEN FORUM



President Ellen Sheppard

In addition to her open door policy, Dr. Ellen Sheppard, President of Carolinas College, conducts open discussion sessions once a month. Do you have an idea you wish to discuss? Is something bothering you? This is the perfect opportunity to be heard. Let's discuss how you are doing or if there is anything we can do to make your time here more enjoyable and successful. This month's open forum will be held on Monday, **Mar. 14**, 12:00 - 12:45 in room 137.

Financial Aid Update

If you are planning to attend Carolinas College during the 2011 - 2012 academic year, **NOW** is the time to apply for financial aid. Even if you currently have aid, you **MUST** re-apply for next year. All current awards expire **Jun. 30, 2011**.

The Free Application for Federal Student Aid (FAFSA) is available online at www.FAFSA.gov. You will need information from your completed 2010 Federal Tax Return to complete the application. The FAFSA has to be completed for all need-based aid and for Stafford Loans.

Applications and/or additional information for the Carolinas Healthcare Foundation

Scholarships is available on the Information Portal and/or in the Carolinas College Financial Aid Office. Application deadline is **Apr. 29** for continuing students and fall new students and **Sept. 30** for spring 2012 new students.

Exit Counseling

Exit Counseling for May 2011 graduating nursing students will be held on **Mar. 2** at 2:00 p.m. in room 190. Attendance is mandatory. Dates and times for radiologic technology and surgical technology students graduating in May 2011 will be announced later.

**ATTENTION
NUR202
STUDENTS:**

Alumnus Anna Willard will offer a review session for TEST 4 in room 240 on Thursday, Mar. 3 from 4 - 6PM.

For study tips and information about peer tutoring, see Nancy Watkins, Student Success Coordinator, Student Success Center, room 213, 704-355-4025 Nancy.Watkins@carolinashealthcare.org

SAVE THE DATES!

Students selected to move forward in the CHS HR process will be interviewing with Brandy Walker on Thursday, Mar. 24.

Job & Continuing Education Fair - Monday, Mar. 21, 11:00 am - 1:30 pm room 161.

Student Support Services

Student Support on the Information Portal - Take a look at time management, study, and job search resources by clicking on *Student Resources* and then on *Student Support*.

Study Tip of the Month: No man (or woman) is an island – get yourself a study buddy or study group! (And include at least one student who is doing well in the class.) Have you tried the Study Group Forum on the Information Portal? If you're looking to form a group, join a group or open your group to others, click on *Student Resources* and then on *Student Support* to post your information.

Attention 2011 Radiologic Technology and Radiation Therapy Graduates - Vicki Reich, Director, Radiation Oncology, will offer an interviewing workshop for students in both programs on Tuesday, **Apr. 26**, from 8:00 am – 10:00 am. Ms. Reich, who oversees three free-standing facilities - Pineville, Rock Hill, and the newly opened Lancaster facility - has offered to assist students by conducting a workshop entitled, "Interviewing Skills – Dazzle or Deter."

Tonia Watson here Mar. 14 - Spring Break means that Tonia will be here one week later this month. If you're interested in part-time/PRN employment with CMC, look for Tonia, our Human Resources Recruitment Specialist, in the lobby between 10:00 and 12:00 on the Monday after break. Contact her at: Tonia.Watson@carolinashealthcare.org, P 704.355.5027 • F 704.355.3336

Nancy Watkins is also available here at CCHS to support your job search efforts.

Your first step towards student employment is to complete an online application. Visit the CHS website (below) to:

- Apply for specific jobs
- Upload your resume
- Track your applicant activity and status

New Applicants:

Please go to carolinashealthcare.jobscience.com

- Click on Search Jobs in the top left corner
- Select the drop down box for position
- If you are seeking a nurse aide position, click on Patient Care Support
- Or select Instructions to Apply for further guidance

Applicants with a previous online application:

Please go to carolinashealthcare.jobscience.com

- If you have an application already online, look in the far right to Job Seeker Login
- Enter your login/password
- Your application will come up, and you can update your information (If you forgot your password, click on Forgot Password Options)
- Submit your application by following the steps until the application comes up Congratulations

Lifelong learning is an imperative in health care. What are the next steps in your education? Do some research on **Mar. 21** when representatives from a number of colleges and universities - as well as human resources personnel from hiring facilities – will gather in room 161 to provide literature and answer your questions. Mark your calendar!

Summer Registration Opens In March

Students can expect to receive the Summer Online Information and Course Listing via their college email on **Mar. 14**. Here are the registration dates:

Priority Online Registration for:

- *Nursing, Radiologic Technology, Radiation Therapy and Surgical Technology* **Mar. 28 – Apr. 1**
- *Pre-Nursing Students* **Apr. 4 – Apr. 8**
- *General Education Students* can register beginning **Apr. 11**

Open Online Registration:

- **Apr. 11 – May 20**

Vaccination for Tetanus, Diphtheria, and Pertussis (Tdap)

The CDC is recommending that adults age 19-65 have a booster dose of the Tetanus, Diphtheria, and Pertussis vaccine (Tdap). Most people were given DTP vaccines as children and were successfully protected from tetanus, diphtheria and pertussis.

Tetanus (lockjaw) is caused by a bacterium found in soil. The toxin produced by the bacteria causes painful muscle spasms. This is not a contagious disorder. Tetanus kills about one out of five people who become infected. It has been recommended that adults have a tetanus booster every ten years or an update with injury if it has been more than five years since last tetanus vaccine.

Diphtheria is a bacterium which also produces a toxin. It can affect the heart, kidneys and nervous system. This can cause a thick coating on the back of the throat making it difficult to swallow and breathe. This is a very contagious disorder. Diphtheria is added to some of the tetanus vaccines (Td) when given for booster effect.

Pertussis (whooping cough) is caused by a toxin producing bacterium which primarily damages the lungs. It causes coughing spasms which in some cases can be so severe that ribs are cracked. It can also produce cardiac and neurological effects. It is highly contagious and very dangerous to newborns and infants.

Unfortunately the pertussis immunity developed as a result of the successful vaccination program fades about 5-10 years after completion of the vaccination series. Therefore, the CDC recommends a single dose of Tdap for adults to replace a single dose of Td in order to booster immunity helping to reduce the morbidity associated with pertussis in adults and potentially reducing the risk for transmitting pertussis to persons at increased risk for pertussis and its complications.

Carolinas College students and faculty can receive their Tdap vaccine at the Employee Health Annex location for convenience or at any of the other Employee Health sites. Please be proactive in remaining current with your immunizations and tuberculin skin tests. If you have any questions you can ask your instructor or contact student services.

The College Needs Your Help!

Please volunteer for the 2011 Alumni Phone-a-thon on **Apr. 4, 5 & 6**. In 2010, the Alumni Phone-a-thon was our largest ever. We hope to surpass that this year. Please consider volunteering for this important event. If you have any questions regarding the phone-a-thon please see Jill Powell (rm. 208) or call 704-355-8894. Dinner will be provided each evening. The schedule is as follows:


5:00 - 5:30PM	Registration in the CCHS Lobby
5:30 - 6:00PM	Training
6:00PM	Calling starts in assigned offices



Prizes will be awarded to the student volunteer(s) receiving the most in \$\$ pledges!

Student Nurses Association (SNA)

The SNA would like to thank all who helped out or paid for the goodies at the recent bake sale on Feb. 21. Congratulations to Peter Dombrowski who won the SNA raffle for a spot in Lot V for the month of March.

A huge  to Melani McNinch, our “Voices From The Past” speaker. She visited SNA on Monday, Feb. 21 and gave valuable insight into the interviewing process and healthcare profession.

Keep an eye out for another guest speaker this month!

Our Blood Pressure Screening booth was a big success during the Health and Fitness Fair on Feb. 28. Students got a chance to practice taking manual blood pressures and participants learned ways to maintain a healthy blood pressure. SNA would like to acknowledge: Cara Devine, Tricia Garcia, Kim Sheldon, Debbie Hatfield, Rebekah Visco, Aline Gaines, Cindy Gonzalez, Caitlin Byrd, Jason McLawhorn, Trish Campbell, Susan Patterson, and Lori Hight.

A special thanks to Megan Bowman, Caitlyn Byrd, Amy Cranford, Anne Diener, and Jason McLawhorn (NUR202 students) for creating the poster board and flyers about hypertension.

WOW!

Want to say “thanks” in a special way to a student, staff, or faculty member who went out of his or her way to help you? Use the WOW Card box located in the lobby. The following students or staff were recognized recently for service above and beyond the call of duty:

Students:

Medical Laboratory Science - Ramona Henderson, Brittini Hollingsworth, Katie Schreiber, and Kim Whitworth

Nursing - Kristin Babb, Jackie Davis, Lauren Fiederlein, William Lowry, Whitney Rouse, and Kimberly Tweedy

Radiologic Technology - Shelby McCloughan

Surgical Technology - Kelly Jones, Amy Sorrells, and Joshua Xiong

Faculty & Staff:

Continuing Education - Susan Thomasson & Millie Alexander

General Education - Sue Thornton

Medical Laboratory Science - Cyndie Hobson & Kelly Shirley

School of Nursing - Lynn Jordan & Jane Binetti

School of Radiologic Technology - Lucy Davison & Doug Frankenburg

School of Surgical Technology - Becky Cuthbertson & Kali Simien

Student Services - Diana Bell, Joy Godwin, & Nicki Sabourin

Compliance Corner - Monitored Patient Rounding

In keeping with Joint Commission’s National Patient Safety Goals, CMC has recently employed a patient care initiative for monitored hourly rounding. Hourly rounding on patients is not a new concept. What is new is the ability to monitor the rounding. Upon entering the patient’s room, the caregiver can activate the tracking by pushing either the RN or the NA button on the intercom system. Before leaving the room, the button is pushed again to end tracking the visit. Furthermore, if a nurse’s presence is not identified in a patient room for 90 minutes, an alert rings on the nurse’s Ascom phone. Studies show that patient safety is put at risk when patients are in need of positioning, pain medication, toileting, or personal items that are out of reach. The risk to patient safety can be reduced by rounding, thereby addressing these issues.

Also, evidenced-based practice suggests that in general, fall rates and the frequency of call light usage declines, and patient satisfaction rates increase. Caregivers need to be compliant and remember to push the buttons when entering and exiting the rooms.

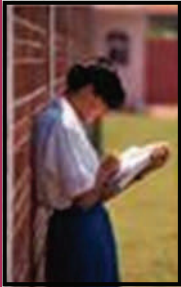
They also need to educate each patient admitted or transferred to patient care floors about monitored hourly rounding, and that the purpose is to provide excellent care, and enhance safety.



Student Life Update

If you enjoyed the candy in the lobby for Valentine’s Day, be sure to come by the lobby on Monday, **Mar. 14** for white chocolate dipped pretzels and green punch in celebration of St. Patrick’s Day, compliments of the Student Life Committee.

Also, mark your calendars now for the annual Spring Fling to be held on Monday, **Apr. 18** in the front parking lot. Food, games, prizes, and fun for all!



Continuing Education

Carolinas College of Health Sciences Sponsored Classes

Admissions Information Sessions - Mar. 8 & 22, 4:00 - 5:00 PM. Want to know more about our programs? Contact Joy Godwin at the front desk or call 704.355.5051 to sign up for the session of your choice. Check posted schedule for room locations. If you would like more information on our medical technology program, contact Kelly Shirley, Program Director, at 704.355.4275.

Carolinas Healthcare System Sponsored Classes, Employee Assistance Program - Children of Separation/Divorce - Mar. 3

Mar. 3, Noon - 1:00 PM. Parents, learn effective strategies to help children with the changes. Please call 704.355.5021 for more information or to register. Advance registration is required and class size is limited, so call early to secure your seat.

Chaplain's Grand Rounds - Ancient Wisdom for Modern Medicine - Wisdom of the Saints for Health

This 9-part lecture series, presented by various physicians, will explore how sacred writings and stories from personal beliefs inform their view and practice of medicine. All lectures will be held in the CMC Auditorium, on the 3rd Thursday of the month from 12 noon - 1:00 pm. This month's lecture on **Mar. 17**, will be presented by Dr. Colleen Wunderlich. **FREE** for CCHS students! Bring your lunch. Sponsored by CHS' Departments of Pastoral Care and Education, and Diversity and Inclusion.

CPR Recertification - The Community Training Center, located on our 200-hallway, holds BLS **renewal** classes here at the College. This is important if you are graduating soon or if your certification is about to expire. Classes are offered monthly and are \$40. Please come by the CTC, Room 220 (on the 200 hall-

way, past the student lounge), to register or go to see the link referenced below. You will need a current textbook for the class. Books can be purchased from the CTC if you do not have one. Classes are from 4:00-7:00 p.m. The next class will be **Mar. 23**. Please call if you have questions: **704-355-5699**.

- ♥ Increase your marketability;
- ♥ Decrease stress of finding a recertification class;
- ♥ FUN classes;
- ♥ Easy to schedule;
- ♥ Be prepared to graduate and start your new job with a current CPR certification.

For more complete information or to register go to: http://www.carolinacollege.org/Academic/CTC_Brochure.pdf

**TST CLINIC
MAR 21
11:15 TO 11:45**

TST (Tuberculin Skin Test) is required annually during your birthday month for all CCHS healthcare students. Free TST's are available at CCHS and through CHS. If you are unable to fit this month's offering into your schedule, you can always go to the employee health office in the CMC Annex Building across from the CMC ED for your free TST, M - F, 7:30 - 4:30.

Carolinas College of Health Sciences

1200 Blythe Blvd., PO Box 32861

Charlotte, NC 28232

Phone: 704.355.5043

Fax: 704.355.5967

E-mail: pat.lewis@carolinashealthcare.org

**Mission Statement & Goals**

The mission of Carolinas College of Health Sciences is to educate future healthcare providers by integrating theoretical concepts with clinical experiences. In partnership with Carolinas Medical Center, the College focuses on preparing individuals for employment in general and specialized healthcare fields for the Charlotte metropolitan area. The College is committed to:

- maintaining a structure that supports the College's mission, guides future development, provides resources, and integrates the College into the community;
- providing resources and services to promote a learning environment that facilitates student success;
- striving for excellence in educating entry-level and specialized practitioners to be competent in providing healthcare services in a variety of settings.

**Uncompromising Excellence.
Commitment to Care.**

Important Dates to Remember...

MAR 2	MANDATORY EXIT COUNSELING FOR ALL MAY 2011 GRADUATES
MAR 3	REVIEW SESSION FOR NURSING TEST 4 EAP SPONSORED CLASS - <i>CHILDREN OF SEPARATION/DIVORCE</i>
MAR 7 - 11	SPRING BREAK
MAR 8	STUDENT SERVICES INFORMATION SESSION
MAR 9	FULL SPRING MIDTERM
MAR 14	OPEN FORUM WITH PRESIDENT SHEPPARD SPRING II CLASSES BEGIN HR REP ON CAMPUS SUMMER INFORMATION & COURSE LISTING AVAILABLE ONLINE STUDENT LIFE SPONSORED ST. PATRICK'S DAY TREATS
MAR 16	CCHS ALUMNI ASSOCIATION RECEPTION FOR ALL MAY GRADUATES
MAR 17	CHAPLAIN'S GRAND ROUNDS - <i>WISDOM OF THE SAINTS FOR HEALTH</i>
MAR 21	JOB AND CONTINUING EDUCATION FAIR TST CLINIC IN MAIN LOBBY
MAR 22	STUDENT SERVICES INFORMATION SESSION
MAR 23	BLS RECERTIFICATION COURSE
MAR 24	EMERGENCY NOTIFICATION TEST HR INTERVIEWS FOR SELECTED STUDENTS
MAR 28 - APR 1	PRIORITY ONLINE REGISTRATION BEGINS (<i>NSG, RT, RTT & ST STUDENTS ONLY</i>)

Save the Date...

APR 4 - 6	ANNUAL ALUMNI PHONE-A-THON BEGINS
APR 4 - 8	PRIORITY ONLINE REGISTRATION BEGINS (<i>PRE-NURSING STUDENTS ONLY</i>)
APR 11 - MAY 20	OPEN ONLINE REGISTRATION BEGINS
APR 18	SPRING FLING
APR 26	INTERVIEWING WORKSHOP FOR RT & RTT STUDENTS - <i>INTERVIEWING SKILLS: DAZZLE OR DETER</i>
APR 29	APPLICATION DEADLINE FOR CAROLINAS HEALTHCARE FOUNDATION SCHOLARSHIP