

**Masters Named Outstanding Educator**  
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For Immediate Release



## **SARA MASTERS NAMED OUTSTANDING EDUCATOR**

**Charlotte, NC** – Sara is a motivated person who is passionate about her job of educating future nurses. In the classroom, Sara has transformed the routine lecture into a variety of teaching strategies. Students learn about personality disorders by role playing the disorders with their peers. Legal and ethical content is taught using a growing flow chart. The Theories of Personalities are presented through the use of a matrix. Her most memorable strategy would have to be her role play of a patient experiencing an acute manic episode and then processing with the students how to effectively document the significant data regarding this condition. These are just a few examples of the many creative ways Sara seeks to engage students in learning.

Sara is interested in and actively encourages the success of each and every student. She seeks out students who are struggling and meets with them to assess their needs and to implement a plan. She is empathetic with each student and encourages them to let her know what they need from her to be successful. Sara highly values therapeutic communication and has not only requested students to speak to her therapeutically, she also has asked the students to confront her when her communication has been less than therapeutic. She understands like few the importance of rewarding positive behavior.

Sara is involved in numerous activities of the college that are above and beyond her expected job performance. She is an advisor for Phi Theta Kappa, the international honor society of two-year colleges and actively participates in all the activities from blood drives to service events to opening her home to members for meetings and luncheons. She also has volunteered with other faculty to organize monthly immunization clinics for students and serves on various committees of the college. She has encouraged fun and engaging activities for staff and faculty including white water rafting and monthly book clubs. Despite all of this and her busy schedule, she willingly volunteers for service projects organized by Carolinas HealthCare System.

In the community, Sara serves on the board for the Gamma Iota chapter of Sigma Theta Tau, the international honor society for nursing. She is a member of the North Carolina Nurses Association and the North Carolina Associate Degree Nursing Council. She is part of a task force to end underage drinking in Mecklenburg County. She is on the school Leadership Team for South Mecklenburg High School and she is actively working on neighborhood rezoning issues. She spends at least one night a month at the homeless shelter preparing meals and serving in ministry to the people there.

Sara has worked for Carolinas HealthCare System since 1978 in various positions, always reflecting the core values of caring, commitment, teamwork and integrity. She was instrumental in the late 1980's in the creation of what is now Carolinas College of Health Sciences. In a testament to the value of lifelong learning, Sara recently became a Certified Nurse Educator and completed a Leadership Development Program to become a certified leadership instructor. She

has high expectations for all, including herself, but is more than willing to be of assistance to anyone in need.

The honor of being named the outstanding educator brings with it a monetary reward designed to allow the faculty member an opportunity for additional professional development. Another honor is that the outstanding educator leads the procession at graduation carrying the College mace. In this case, Sara carried the mace that was designed and crafted by her husband, Tom Masters, PhD, scientist, wood artist, and longtime director of Carolinas Medical Center's Heineman Medical Research Center.

Carolinas College of Health Sciences is accredited by the Southern Association of Colleges and Schools (SACS) Commission on Colleges to offer associate of applied science degrees, diplomas and certificates. Offered are programs in health care education leading to careers in nursing, surgical technology, radiologic technology, medical technology and emergency medical sciences, as well as individual classes in the sciences and liberal arts.

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